

CSIT Regulations for Classic and South American Showdance

Introduction

Showdance represents a creative discipline where innovation and originality are encouraged and athletes and choreographers push the boundaries of the expression of standard and latin american dance.

Part 1: Choreography

1. Duration and music

- a. **Entire duration:** The entire duration of a Showdance performance is timed from the moment the couple enters the dancefloor to the time the couple completes their performance and must be no more than 3:30;
- b. **Music:** The couple must be on the floor before the music begins. The maximum duration of the music is 3:00;
- c. **Multimedia material:** The use of multimedia material is not permitted as part of the Showdance competition.
- d. **Partial duration - dances:** Within the choreography at least one Standard dance (in Classic Showdance) or one Latin American dances (in South American Showdance) must be performed for at least 45 seconds;
- e. **Partial duration - lifts:** A maximum of three lifts (movements where one partner's weight is entirely held by the other partner) may be used within the choreography for no more than 10 seconds each lift.

2. Character and Choreography

- a. **Character:** A South American Showdance should maintain the fundamental character of the Latin American dances and a Classic Showdance should maintain the fundamental character of the Standard dances. The character of Standard and Latin dances must be clearly recognizable and is evaluated by the judges as part of the Artistic Criteria.

- b. **Holds:** in Classic Showdance the classic hold and variants of such should be used for at least 30% of the performance.

3. **Makeup and Costuming**

- a. **Makeup:** No limits are placed on the makeup used in Showdance competition, as long as it relates to the character of the show.
- b. **Costume:** Regular dress rules apply as for international standard and latin american competitions apply. Costumes may not be added, changed or removed during the performance.
- c. **Props:** Props may be used as long as they are held at all times by the dancers. Chairs of static props are not allowed.

4. **Originality**

- a. Each competitive choreography should be an original piece of work created for the given couple. Plagiarism will result in a disqualification of the couple (including subsequently, after the competition).

Part 2: Competition running

1. **Rounds**

- a. A Showdance competition will last no more than two rounds (semifinal and final)
- b. No more than 8 couples will be allowed into the final round.

2. **Invigilation and inspection**

- a. The chairperson will act as invigilator or can appoint an invigilator on his/her behalf.
- b. Before the competition, each couple will be given a rehearsal time during which only the couple, technical staff and the invigilator should be allowed in the competition hall.
- c. The invigilator will inspect the costumes, makeup (a report of which will be made by the couple - it is not necessary for the couple to rehearse in full make up), choreography and music and will time the performance Any adjustments required to adhere to the rules must be made before the start

of the competition. No more than one full rehearsal may be danced and each couple may use the hall for a maximum of 10 minutes.

- i. The Chairman may alter these rules for the benefit of couples or organizers as long as the same amount of time is afforded to all couples and the couples have the opportunity to do at least one full rehearsal in the competition hall.
- d. Couples that do not adhere to the rules and do not alter their choreography/music to adhere to the rules will be disqualified.
- e. The chairman and invigilator must use these regulations as a guideline in order to not give unfair advantage to any couple, but may also defer to the judging panel the ultimate decision as to the competitive value of any show.

3. Judging

- a. Couples will award points for Technical Ability and Artistic Ability.
- b. Each judge will give a score in tenths out of 6.0 for each aspect.
- c. The final score will be the sum of the two averages.
- d. The judges shall be positioned on the long side of the floor and the public shall be behind them. Any changes to this format must be communicated to the couples upon entry at least two months before the competition.

4. Order of couples

- a. The order of the couples will be drawn at the beginning of the first round. Couples qualified for the final will dance in reverse order.

5. Floor

- a. The competition floor will be a regular 28x14 or 30x15 floor and the judges will be positioned on the long side of the floor.